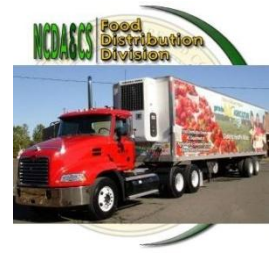




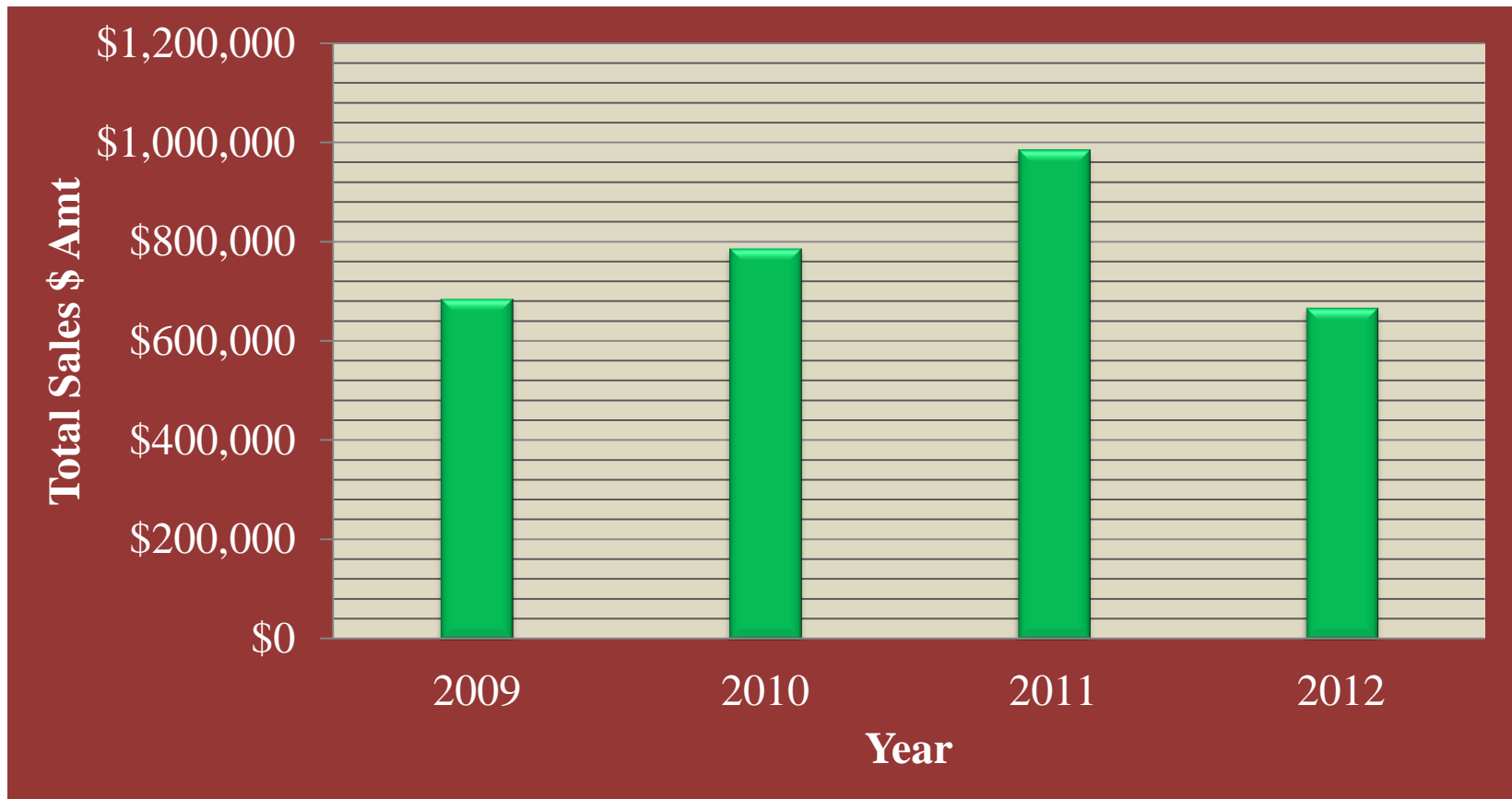
North Carolina Department of Agriculture
& Consumer Services
Food Distribution Division
Gary W. Gay, Director
Steve Troxler, Commissioner

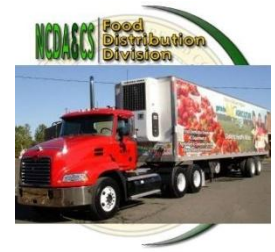


Fifteen years of providing
NC public schools with
NC grown produce



Total Farm To School Sales 2009 – 2012





Poundage

In 2010-11:

- NC Farm to School served 943,368 students
- 1,343,275 pounds of NC produce



NC Farm to School Calendar

School Year

2011-2012



Week of July 11, 2011	Seedless Watermelons, Cantaloupes, Tomatoes, Grape Tomatoes, Peaches, Sprite Melon, Cucumbers, Zucchini, Yellow Squash, Sweet Corn, Apple Slices
Week of July 25, 2011	Same items as above
Week of August 8, 2011	Same items as above
Week of August 29, 2011	Watermelons, Cantaloupes, Tomatoes, Grape Tomatoes, Peaches
Week of September 12, 2011	Tomatoes, Grape Tomatoes, Apples, Cucumbers
Week of September 26, 2011	Apples
Week of October 10, 2011	Apples
Week of October 24, 2011	Apples, Sweet Potatoes
Week of October 31, 2011	Broccoli Crowns, Cabbage, Romaine



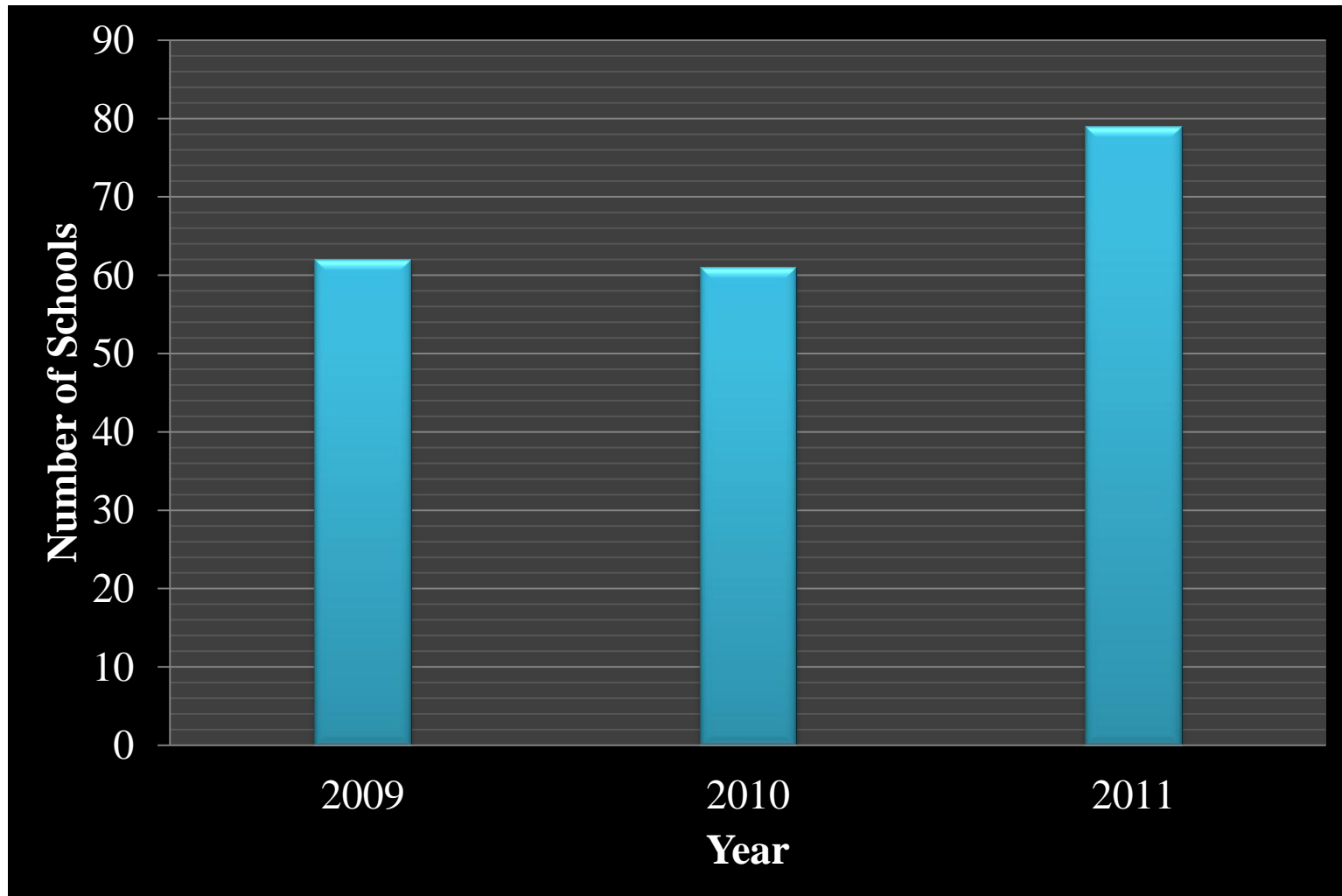
NC Farm to School Calendar School Year 2011-2012



Week of November 14, 2011	Apples, Romaine, Apple Slices, Collards
Week of December 5, 2011	Broccoli Crowns, Cabbage, Apples, Sweet Potatoes
Week of January 9, 2012	Apples, Sweet Potatoes
Week of February 6, 2012	Apple Slices, Sweet Potatoes
Week of March 5, 2012	Apple Slices, Sweet Potatoes
Week of March 19, 2012	Apple Slices
Week of April 16, 2012	Sweet Potatoes
Week of April 30, 2012	Strawberries, Romaine
Week of May 7, 2012	Strawberries, Romaine
Week of May 14, 2012	Squash, Zucchini
Week of May 21, 2012	Strawberries, Blueberries

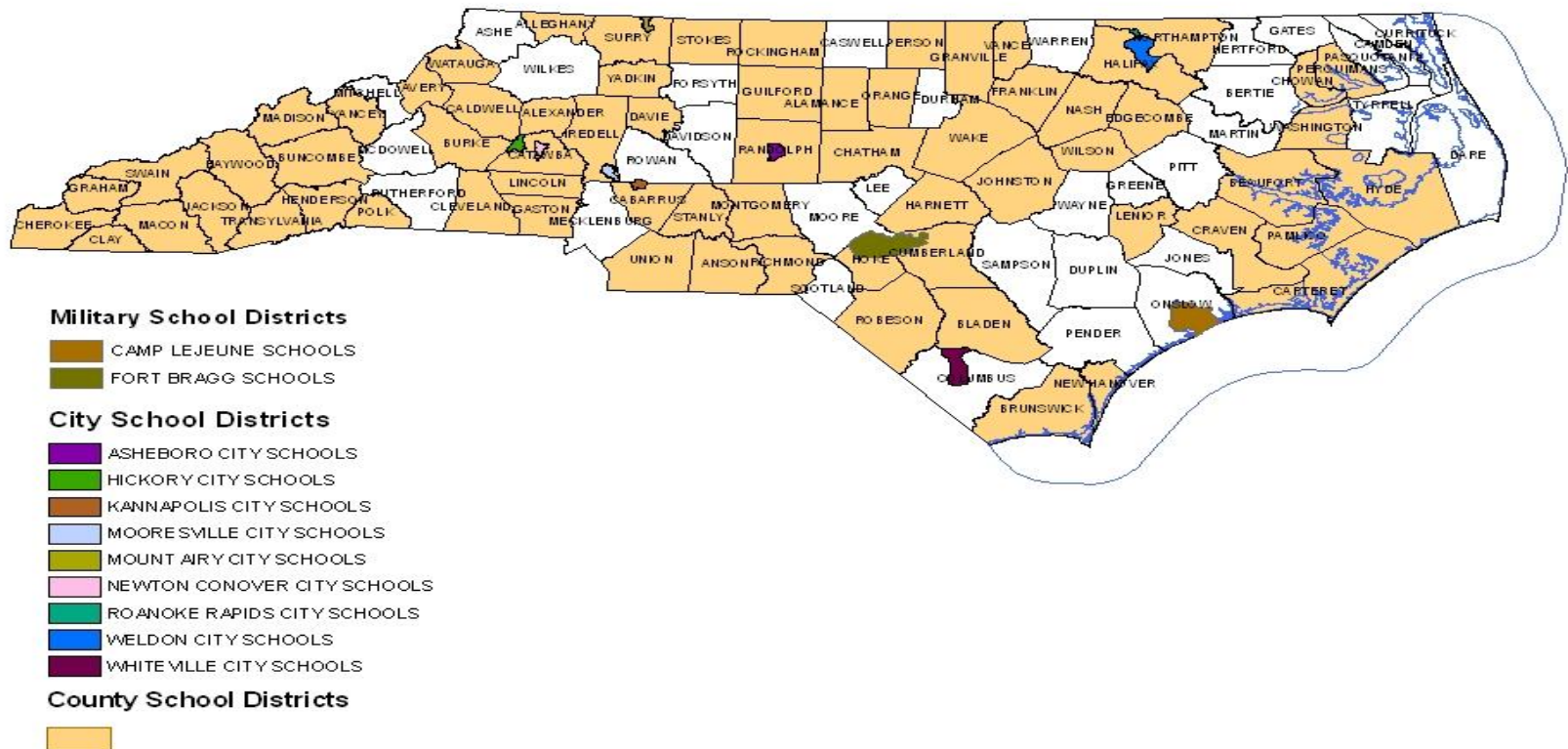


School Participation 2009 – 2011





SCHOOL DISTRICTS PARTICIPATING IN NC FARM TO SCHOOL PROGRAM 2010-11





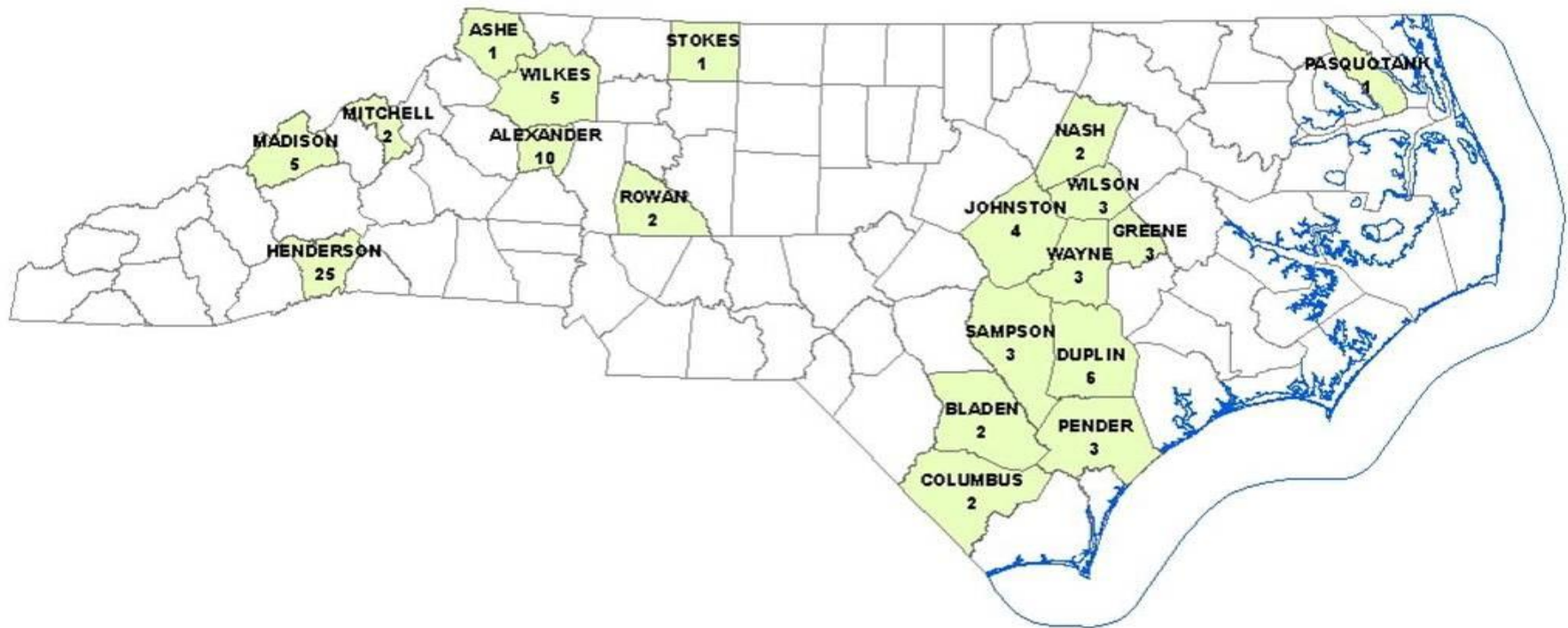
Barriers

- Lack of walk-in refrigeration space
- Lack of staff/facilities to prepare fresh produce
- No warehouse space
- Transportation/distribution
- Lack of GAP certified farmer
- Cost





Number of Farms that Benefit from the NC Farm to School Program



NC Farm to School Cooperative Members and Farms They Market for that Supply the NC Farm to School Program



NC Farm to School

[Home](#)

About Us

[NC Farm to School Video](#)
[History of the Program](#)
[Participation](#)
[Contact Us](#)

Delivery Calendar & Downloads

[Calendar of Deliveries](#)
[Produce Availability Chart](#)
[Newsletter](#)
[Photo Album](#)

Art Contest Calendar 2011-12

[Art Contest Calendar](#)

Commodity & Nutritional Info

[Commodity Associations](#)
[Growers](#)
[Map of Districts & Farms](#)
[Nutritional Links](#)
[Produce Availability Chart](#)
[Recipe Links](#)
[Recipe of the Month](#)

Educational Resources

[Activities And Art](#)
[Field Trips](#)
[Lesson Plans](#)
[Photo Album](#)

Promotions & School Incentives

[NC Farm to School Video](#)
[Current Promotions](#)
[Promotions Winners](#)



Commissioner
Steve Troxler

The North Carolina Department of Agriculture and Consumer Services welcomes you to the NC Farm to School program Web site.

The NC Farm to School program has been supplying school cafeterias across our state with the freshest, locally grown produce from North Carolina farms since 1998. I hope this site is a useful resource for child nutrition directors, teachers, parents and students who may be seeking information about nutrition, agriculture facts, classroom activities and even field trip opportunities.



What is NC Farm to School?



The NC Farm to School program has been supplying school cafeterias across the state with the freshest, locally grown produce from NC farms since 1997.

The program is run through the North Carolina Department of Agriculture and Consumer Services' (NCDACS) Food Distribution Division in cooperation with the Marketing Division.

In the Truck



Week of October 10 – Apples

Week of October 24 – Apples, Sweet Potatoes

Week of October 31 – Broccoli Crowns, Cabbage,
Romaine

NC Farm to School Team



NCDACS Marketing Division:

Heather Barnes, heather.barnes@ncagr.gov

Tommy Fleetwood, tommy.fleetwood@ncagr.gov

NCDACS Food Distribution Division:

Gary Gay, gary.gay@ncagr.gov

Ted Fogleman, ted.fogleman@ncagr.gov

Steve Troxler, Commissioner of Agriculture

NC Department of Agriculture & Consumer Services



National Farm to School Month

October has been declared National Farm to School month. According to the National Farm to School Network, this passage of House Resolution 1655 “demonstrates the growing importance and role of Farm to School programs as a means to improve child nutrition, support local economies and educate children about the origins of food”.

NCDACS has been involved in Farm to School since 1997 and last year sold just under one million dollars worth of produce through the program. Seventy-eight school districts (1,618 schools) were served by the program in 2010-11.

On the website (www.ncfarmtoschool.org) you will find resources to help schools plan Farm to School Month celebrations. There are press releases, a PowerPoint, fact sheet, suggested activities and links to resources and lesson plans.

The NC Farm to School Cooperative, formed by the farmers that supply produce for the program, has contributed prize money for the schools with the best promotion of the program during October. To enter, schools should send pictures or portfolios detailing how they celebrated Farm to School Month. For more details, visit <http://www.ncfarmtoschool.com/html/promotions/f2smmonth.htm>. Entries are due by November 15.

www.ncfarmtoschool.com



Cafeteria Staff

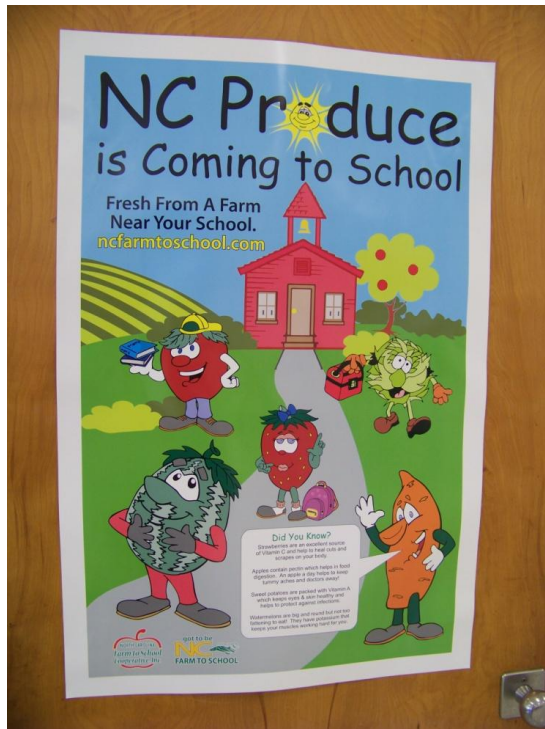
- Visit a local farm/Farmer's Market
- Invite a farmer
- Invite a local chef
- Hold a taste testing
- Cooking demonstration





Cafeteria

- Order from a farm
- Posters, table tents, banners
- Menus
- Bulletin Boards
- Clings
- Commodity Assoc items
- “NC” posters
- Flyer





Menus for November 2011

	Tuesday, November 1	Wednesday, November 2	Thursday, November 3	Friday, November 4
Monday, November 7	Tuesday, November 8	Wednesday, November 9	Thursday, November 10	Friday, November 11



OCTOBER IS NORTH CAROLINA FARM TO SCHOOL MONTH!

Camp Lejeune Schools proudly participates in the NC Farm to School Program. Sponsored by the NC Dept. of Agriculture & Consumer Services, this program makes it possible for our students to enjoy *farm-fresh* NC grown fruits and vegetables throughout the year. In October and November, Camp Lejeune students will have the opportunity to sample variety apples from the mountains of western North Carolina as well as fresh broccoli, collard greens, cabbage, sweet potatoes and romaine lettuce.

Ways your family can celebrate North Carolina Farm to School Month:

- Visit a local farm or farmers market Find one at www.ncfarmfresh.com
- Plant some variety lettuce in a container for a fresh and economical gourmet salad.

Visit www.ehow.com/how_207117_grow-lettuce-containers

- Join the 10% Campaign! Make the Choice. Make a Difference. Make it Local.

www.ncsu.edu/project/nc10percent

- Prepare a healthy and delicious new fruit or vegetable recipe using NC grown produce.

www.ncagr.gov/markets



Welcome to
NutritionNC.com,
the Website of the
North Carolina
Nutrition Services
Branch.



Nutrition Services

1914 Mail Service Center, Raleigh, NC 27699-1914
Phone: (919) 707-5800 (WIC & NET Programs) OR
(919) 707-5799 (CACFP & SFSP)
Fax: (919) 870-4818 (WIC & NET Programs) OR
(919) 870-4819 (CACFP & SFSP)

[Home](#) | [About Us](#) | [NET Library](#) | [Resources for Schools](#) | [Special Nutrition Programs](#) | [WIC Program](#) | [Surveillance Data and Statistics](#) | [Conferences](#) | [Breastfeeding Promotion and Support](#) | [Feedback](#)

Resources for Schools

[+] Expand All "More" Items | [-] Collapse All "More" Items

North Carolina Nutrition Education and Training (NET) Program

The North Carolina Nutrition Education and Training (NET) Program in the N.C. Division of Public Health works with numerous state and local-level partners to provide nutrition education resources for students, families, educators and food service personnel. The Nutrition Education and Training (NET) Program, strives to integrate mealtime and learning experiences to help children make informed food choices as part of a healthy lifestyle. The N.C. NET Program instructs educators in nutrition education, trains food service personnel in nutrition and nutrition education, develops educational materials and curricula, and supports healthful school environments through implementation of Local Wellness Policy.

- [N.C. NET Program Brochure](#) (PDF, 151 KB)

North Carolina NET Resource Library

The N.C. NET Resource Library makes available audiovisuals, computer programs, games, curricula guides, textbooks, children's books and other resources for classroom, cafeteria and community use. Items cover topics such as general nutrition, food preparation, food science, fitness, sports nutrition, special needs, eating disorders, food labels and dietary management. This collection of materials is available for loan to anyone in North Carolina who works with children of all ages.

- [N.C. NET Resource Library](#)

North Carolina Healthful Living Standard Course of Study

The intent of the North Carolina Healthful Living Standard Course of Study is to establish competency goals and objectives for the teaching and learning of behaviors that contribute to a healthful lifestyle and improved quality of life for all students. The N.C. Healthful Living Standard Course of Study is a combination of two content areas: health education and physical education. The two courses should complement each other as reflected in the Standard Course of Study Strands, Competency Goals, and Objectives. Attention should also be given to the Grade-level Major Emphases and Focus areas to ensure students experience a comprehensive sequential educational program that involves learning a variety of skills and concepts that are health-enhancing.

- [2006 N.C. Healthful Living Standard Course of Study](#) (PDF, 874 KB)
- [2006 Health Education Scope and Sequence](#) (PDF, 173 KB)
- [2006 Physical Education Scope and Sequence](#) (PDF, 258 KB)

North Carolina Action for Healthy Kids

Action for Healthy Kids (AFHK) is a nationwide initiative dedicated to improving the health and educational performance of children through better nutrition and physical activity in schools. Healthy schools produce healthy students - and healthy students are better able to learn and achieve their true potential. North Carolina AFHK is one of 51 Action for Healthy Kids state teams. The mission of North Carolina Action for Healthy Kids is to improve children's nutrition and physical activity in schools by collaborating with diverse stakeholders in advocating, promoting and implementing national and state initiatives. N.C. Action for Healthy Kids' primary work focuses on implementing Local Wellness Policies in North Carolina schools through the implementation of the Successful Students Eat Smart and Move More campaign.

- [N.C. Action for Healthy Kids Brochure](#) (PDF, 807 KB)
- [N.C. Action for Healthy Kids Flyer](#) (PDF, 695 KB)
- [N.C. Action for Healthy Kids Web site](#) (link opens in new window)



Classroom

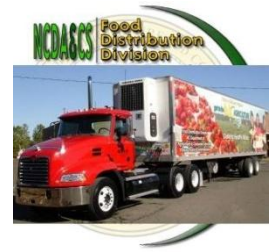
- School Garden
- Taste Testing
- Art Contest
- Farmer/Chef
- Visit
farmer/mill/grocery
- Facts into lessons
- Use lessons from
commodity assoc.
- Research
- Local contest
- Tour cafeteria
- Pen Pals



School

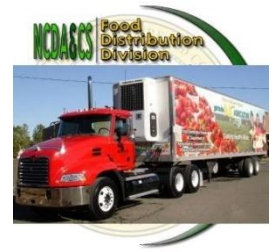
- Nutrition Fair
- Calendar Facts
- Announcement
- Cooking contest





Community

- Invite local media
- Bring your parent/administrator to lunch
- Newsletter
- PTA/School Board meeting
- “Letter to the Editor”



New Initiative

Schools can use their Federal
Entitlement Dollars:
to purchase through the NC
Farm to School Program



In the future we see more:

Schools participating

Farm to School Items

Weeks of delivery



BCBS Grant of \$1.2 million

\$900,000 to purchase

5 refrigerated 40 to 48 ft trailers

6 trucks

\$300,000 to be used in marketing

